

YOU ARE WARMLY INVITED TO

A PERSONAL AND PROFESSIONAL DEVELOPMENT WORKSHOP

Advancing Whole-Person Care in Clinical Practice

*Integrating Mind-Body Medicine and
Compassionate Patient Care*

A ONE-DAY EDUCATIONAL WORKSHOP DESIGNED FOR HEALTHCARE
PROFESSIONALS AND CAREGIVER PROVIDERS.

The Integrating Mind-Body Medicine and Compassionate Patient Care workshop addresses burnout prevention, trauma-informed care, grief support, resilience, and compassionate communication. Participants will gain evidence-based tools and practical strategies that can be immediately applied to enhance personal well-being and strengthen care delivery in healthcare and caregiving environments.



MEET OUR SPEAKER

Dr. Isaac James Schaeffer,
Ed.D., PCC, CPE.

**CLINICAL CHAPLAIN, COUNSELOR,
TRAINER, AND AUTHOR**

Dr. Isaac is an ICU clinical chaplain, counselor, trainer, and author with more than 35 years of experience serving individuals, families, and communities. His work spans healthcare, corporate training, pastoral ministry, and community organizations.



PRACTICAL STRATEGIES THAT MAKE AN IMPACT

Evidence-based tools for real challenges in healthcare and caregiving.



STRONGER CONNECTIONS, BETTER OUTCOMES

Build trust, resilience, and healing-centered relationships with patients and families.



PERSONAL & PROFESSIONAL GROWTH

Enhance well-being, reduce burnout, and lead with compassion.



AN INTEGRATIVE APPROACH. *Whole-Person Care.* Lasting Impact.

INVEST IN CARE THAT HEALS—BODY, MIND, AND SPIRIT.

Join us for a day of learning, connection, and transformation.



ONE DAY.
REAL IMPACT.
Practical. Inspiring.



FOR HEALTHCARE
PROFESSIONALS
& CARE PROVIDERS.
All backgrounds welcome.



COMPASSIONATE CARE.
SPIRITUALLY INFORMED.
HOLISTIC. HOPEFUL.

RSVP: Contact Human Resources for pre-registration.